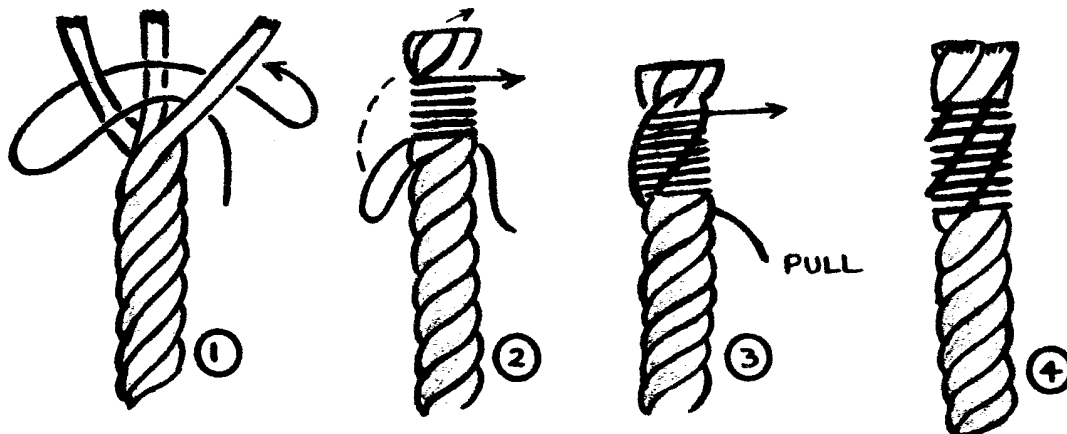


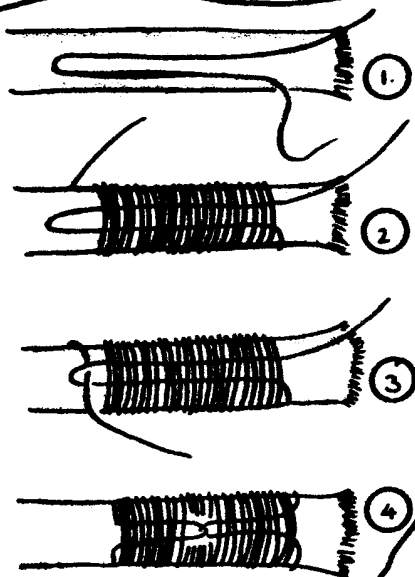
PRO-PLAN CHART NO. 4.

WHIPPING



SAILMAKERS WHIPPING: START BY UNLAYING THE THREE STRANDS.

LOOP A LENGTH OF TWINE AS SHOWN IN FIG. (1). RELAY ROPE. WIND THE LONG END OF THE TWINE TIGHTLY AS IN (2). LIFT THE LOOP AND TAKE IT OVER THE SAME STRAND AROUND WHICH IT IS LOOPED, PULL THE OTHER END AS IN (3). FINISH WITH A REEF KNOT BETWEEN THE THREE STRANDS. CUT ENDS AND NEATEN ENDS OF STRANDS. (4)



SIMPLE WHIPPING.

START THIS WITH A LOOP OF TWINE LAID ALONG THE ROPE. (1) NEXT PROCEED TO BIND A SERIES OF TURNS AROUND THE ROPE (2) THREAD THE END OF THE TWINE THROUGH THE LOOP (3) FINALLY PULL THE OTHER END OF THE TWINE SO THAT A LOCK IS FORMED WITHIN THE BINDING. (4) CUT OFF THE LOOSE ENDS.

WEST COUNTRY WHIPPING

ORNAMENTAL. START BY MAKING A BIGHT OF TWINE AROUND THE ROPE. TIE A SIMPLE THUMB KNOT - PULL TIGHT - DO THE SAME AT THE BACK OF THE ROPE, DO THIS CONTINUOUSLY - PULL EACH KNOT TIGHT. FINISH WITH A REEF

