

PRO-PLAN CHART NO. 37.

FIRST AID No.4

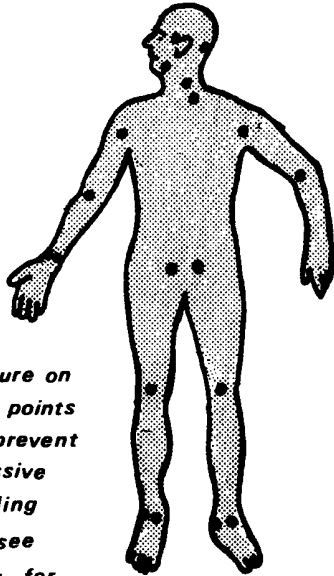
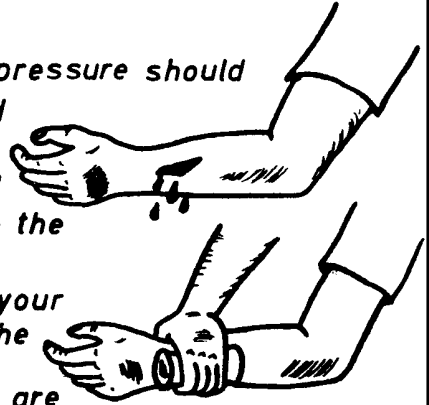
Bleeding Control and wound dressing

GET EXPERT INSTRUCTION

DIRECT DIGITAL PRESSURE

Direct pressure should be applied over a clean pad placed on the wound.

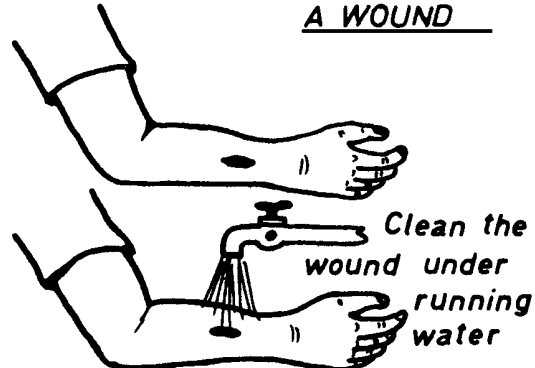
Do not use your fingers on the open wound unless they are spotless.



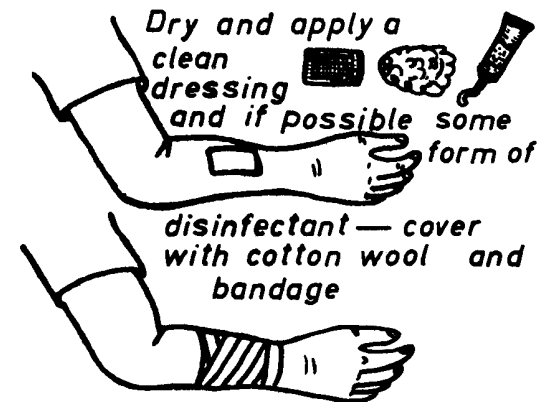
Pressure on these points will prevent excessive bleeding see below for methods

PRESSURE POINTS

CLEANING AND DRESSING A WOUND



Clean the wound under running water



Dry and apply a clean dressing and if possible some form of disinfectant — cover with cotton wool and bandage

DON'T FORGET CALL A DOCTOR IF THE WOUND IS BAD AS A TETANUS INJECTION MAY BE NECESSARY.

<p>1</p>	<p>2</p>
<p>3</p>	<p>4</p>
<p>5</p>	<p>1 temporal 2 subclavian 3 brachial 4 femoral 5 carotid</p>